

Problem 70

7.70

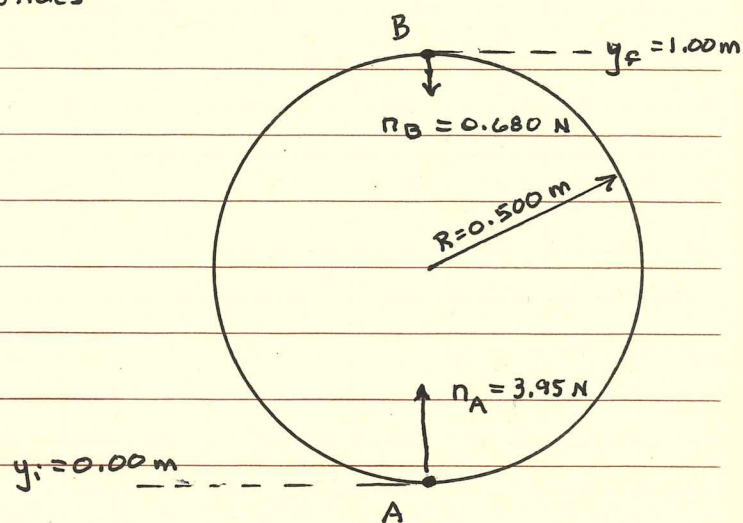
A small block ($m = 0.0400 \text{ kg}$) slides in a vertical circle,

$$m = 0.0400 \text{ kg}$$

$$n_A = 3.95 \text{ N}$$

$$n_B = 0.680 \text{ N}$$

$$R = 0.500 \text{ meters}$$



$$W_{\text{tot}} = \Delta K$$

$$\Rightarrow W_{\text{fr}} + W_{\text{gr}} = K_f - K_i$$

$$\Rightarrow W_{\text{fr}} = K_f - K_i - W_{\text{gr}} = K_f - K_i - (-mg(y_f - y_i))$$

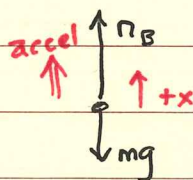
$$= \frac{1}{2} m (v_B^2 - v_A^2) + mg(y_B - y_A)$$

Need to find v_B^2 and v_A^2

from Newton's 2nd Law

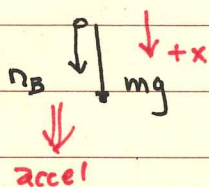
A:

$$\Sigma F_x = \frac{mv_A^2}{R}$$



$$n_B - mg = \frac{mv_A^2}{R}$$

$$\boxed{mv_A^2 = R(n_A - mg)}$$

B:

$$\Sigma F_x = \frac{mv_B^2}{R}$$

$$n_B + mg = \frac{mv_B^2}{R}$$

$$\boxed{mv_B^2 = R(n_B + mg)}$$

$$W_{\text{fr}} = \frac{1}{2} (mv_B^2 - mv_A^2) + mg(y_B - y_A)$$

$\uparrow = 0.00 \text{ m}$

$$W_{\text{fr}} = \frac{R}{2} (n_B + mg - (n_A - mg)) + mg y_B = \frac{R}{2} (n_B - n_A + 2mg) + mg y_B$$

$$W_{\text{fr}} = \frac{1}{4} m (0.680 - 3.95 + 2(0.0400)(9.8)) + (0.0400)(9.8)(1.0) = -0.23 \text{ J}$$

$$\boxed{W_{\text{fr}} = -0.23 \text{ J}}$$